

Unit 05 — Meet — inward work

Weeks 9-10 · Applied level

Duration	Weeks 9-10
Level	Applied level
Delivery	Online study, one live lab each week, small-group practice
Assessment	Written work reviewed by Prof. Oprea; unit 08 adds the case study and oral assessment
Tuition	Included in the programme tuition of \$1,799 — or 6 monthly instalments of \$300
Cohort size	Small groups, so every session gets attention

Overview

Clinical hypnosis practice: absorption, depth testing, hand signals, and safe conduct throughout the inward phase.

Learning objectives

- Deliver an induction appropriate to the client
- Test and describe depth
- Maintain safety and consent throughout

Prerequisites

- Enrolment in a current cohort
- Unit 04 — Map — how the pattern runs, including its written work
- Signed intake and consent forms reviewed in Unit 02

Core concepts

Absorption · depth testing · ideomotor signalling · safe emergence

Applied component

Conduct your first inward session and record it for supervision.

Founded and taught by Prof. Catalina A. Oprea. The Certificate of Completion is issued by Hermes University Rome and signed by Prof. Oprea. It is a private professional certificate: it is not a government licence and does not replace any registration you need locally in order to practise. Questions: support@thekuremethod.com